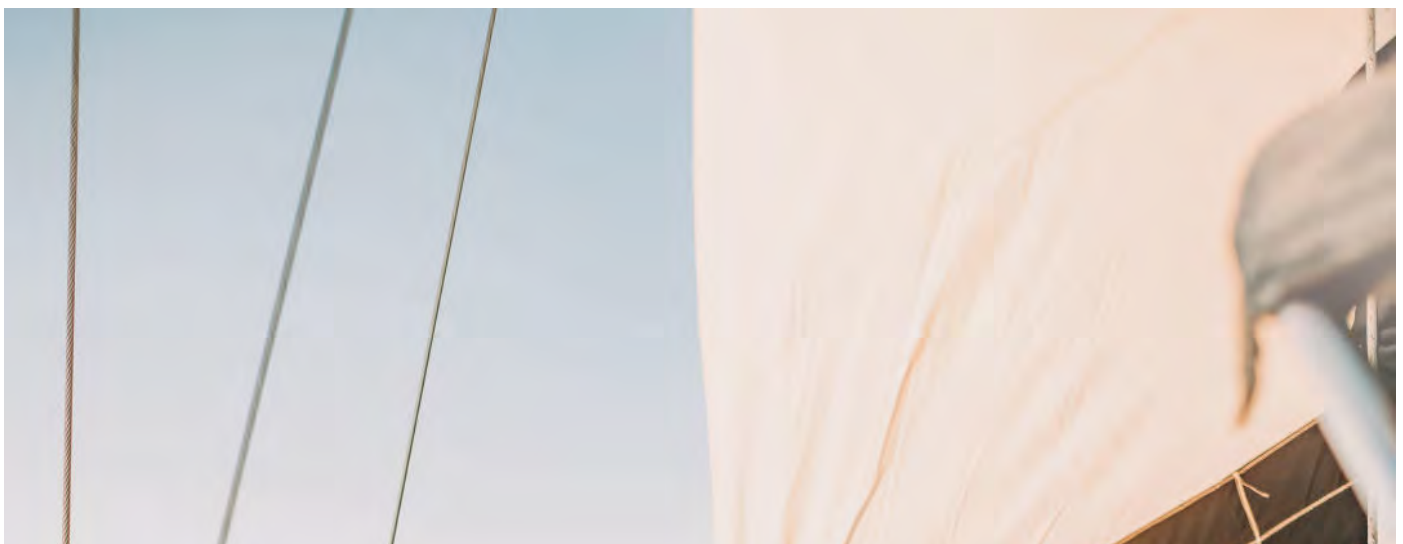


# Five Great Boating Adventures

Take to the seas with these recreational day trips and overnight excursions.







A sunset sailing trip along Sarasota Bay.

## Sail Away

Cut the engine and hoist your sails to enjoy a tranquil trip around the

## Intracoastal or out into the Gulf.

Jan Hamel Solomon leads charter sailing trips with her husband, Tim Solomon, aboard a 41-foot Morgan yacht that is stored at Marina Jack. She says sailing combines both art and science. To be good at it, you have to have a command of the physics of how sails work, as well as an instinctual feel for how the wind is behaving.

Key Sailing, the company the Solomons own, can accommodate groups as large as 12 for trips that last from two to four hours. If you're bringing the kids, go early and try to spot dolphins. If you're hoping for some romance, book a sunset cruise and cuddle on the deck. Kathleen D Sailing Catamaran offers similar adventures aboard a catamaran cruiser. Some trips will also include lunch and the chance to kayak, too.

Trips can go either south or north from downtown, but Solomon says the destination doesn't matter as much as the experience of quietly sailing in the bay. Whatever cares are weighing on your mind will float away. "You get on that boat, you throw that junk up in the wind and don't let it fall back on you," says Solomon.

Duration: 2-4 hours

Cost: \$390-\$630 per trip